

CONFERENCE NEWS

Rosebud Church, Rosebud, AB

Thank you for taking time to pray for Rosebud Church — we have been blessed with God's presence in our ministries and our desire continues to be that God will enable us to be all that He has planned for us to be in this community. We're excited with the birth of a couple of new children in our community in the past few months and a few more will arrive in the next months. A new school year is in full swing at Rosebud School of the Arts with new students settling in and our Fall church program taking shape.

Please pray with us:

- We have experienced some changes in our Youth Ministry leadership and we stand in need of someone to lead our ministry for both our younger teens & students of Rosebud School of the Arts
- Our community has been touched by a number of deaths in the past couple of months and we desire to be faithful comforters to our friends walking in the deep shadows this Fall
- Our new moms need strength to meet the daily challenges of nurturing infants along with other duties that continue to demand their attention
- With the early arrival of Fall our farming community is struggling to complete harvest.

Pastor Ray Wall



WHAT'S YOUR NEXT STEP?

Have you been finding some clarity on "What's your next step?". How about learning something new through online audio (podcasts)? Podcasts are convenient and easy to listen to - as you're driving in a combine or truck, or doing some cleaning or sitting down with a great cup of coffee. Pastor Marc recommends the following two excellent podcasts:

- **Unbelievable?:** A weekly podcast featuring "apologetics, theology, debate, and dialogue" about various Christian topics. Be encouraged in your faith, hear different points of view, and be stretched in your thinking. Website: www.premierchristianradio.com/unbelievable (also available through most podcasting apps).
- **Pray as You Go:** a daily 12-minute podcast featuring music, scripture reading, prompts and time for reflection and prayer. A great way to start your day! Website: www.pray-as-you-go.org/ (also available as a standalone app and through podcasting apps).

We'll also post these podcast links on the Home Page of our website for you. They'll be under, "Pastor Marc's Discipleship Resources".

COFFEE FELLOWSHIP

We love to fellowship together after the Sunday morning service. Join us downstairs for a cup of coffee & some goodies.

A huge thank you to all who provide the treats every week!

Sept 30	Kathy & Lori	Nov 4	Sarah & Pattie
Oct 7	Vanessa & Carol L.	Nov 11	Linda & Charlene
Oct 14	Lisa & Allison	Nov 18	Lise & Lisa R.
Oct 21	Christy & Karen	Nov 25	Eunice & Veronica
Oct 28	Edie & Carolyn	Dec 2	Elnice & Delora

MUSIC & A.V. SCHEDULE

Date	Music Leader	Audio & Visual
September 30	Lois	Stef/Mike
October 7	Marc	Darryl/Delora
October 14	Dixie	Keith/Matthias
October 21	Heather	Keith/Matthias

MALMO MISSION COVENANT CHURCH

Lead Pastor, Rev. Randall Friesen
Associate Pastor, Rev. Marc Vandersluys
Office Admin, Delora Doell

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Prayer request: malmoprayer@gmail.com

Find us on Social Media at:
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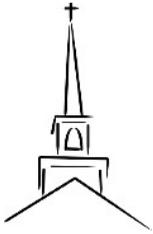
*"It's quite simple: Do what is fair and just to your neighbour, be compassionate and loyal in your love, and don't take yourself too seriously - take God seriously."
Micah 6:8*



MALMO

MISSION COVENANT CHURCH

September 30, 2018



TODAY'S WORSHIP

Welcome to Malmo. We're so glad you chose to worship with us today. Please make yourselves at home.

If you are in need of hearing assistance, please see the Audio/Visual team in the back corner of the sanctuary & they'll be able to provide you with a hearing device.

OUR WORSHIP LEADERS

- Pastor Randall
- Lois Schultz

OUR WORSHIP SONGS

- Blessed Be Your Name
- Who You Say I Am
- What a Beautiful Name

OUR SCRIPTURE

- Mark 9:38-50 (NIV)
- Luke 8:4-15

- Day by Day
- Jude Doxology

***'Kids Place' is available downstairs for restless toddlers & their caregivers.*

OUR COMMUNITY NEEDS PRAYER

Monday:

- ❖ Audrey
- ❖ Wayne, Lise, Frank & Dave going to Vanderhoff, BC with the Gideons on missions trip
- ❖ Malmo New Build Committee - pray for wisdom in decisions
- ❖ Heather - struggling with anxiety due to her job. Pray for wisdom as she makes decisions.

Tuesday:

- ❖ Pastors & Leaders of Malmo
- ❖ Callah - concussion symptoms
- ❖ Dave A
- ❖ Kathy - back pain
- ❖ Blackwoods going to Winnipeg. Pray for health & blessed time with their new grandson, Arlo

Wednesday:

- ❖ Youth Night
- ❖ Nadene - health
- ❖ Be praying for 'What's Next', for each of us here at Malmo
- ❖ MaryLou's friend, Karen - still in coma. Pray for her & her family
- ❖ Brian Switzer family, grieving

Thursday:

- ❖ Bert & Vivian
- ❖ Sieg & Maxine
- ❖ Veronica's daughter, Vanessa - expecting baby in October
- ❖ Carol L - trip with sisters to Nova Scotia - pray for safety

Friday:

- ❖ Steve-health & waiting for tests
- ❖ Carol L. - waiting for appointments & procedure for pre-cancer spot.
- ❖ Pat's Mom, Leslie - radiation
- ❖ Sharol J - radiation treatments

Saturday:

- ❖ Rosebud Church, Rosebud, Alberta
- ❖ Jeramie-Lee & kids - away on road trip. Pray for safety.
- ❖ Helen M.
- ❖ Pat - trucking to Illinois. Pray for safety.
- ❖ Dixie - wisdom for future decisions

Email prayer requests to: malmoprayer@gmail.com

THIS WEEK

Sunday	Sunday School (9:45am) Worship Service (11:00am)
Monday	Pastors & spouses away at retreat (until Wednesday)
Tuesday	Men's Prayer (6:30am)
Wednesday	Youth Night (6:00 - 8:30pm)
Next Sunday	Sunday School (9:45am) Worship Service (11:00am)

NEXT STEP OPPORTUNITIES

DEPRESSION & ANXIETY

SEMINAR AT MALMO 10AM-NOON OCT. 13

Depression and anxiety are common words in our society today. But do we really know what they mean? What is it like to experience anxiety and depression, especially as a Christian? Dixie Vandersluys will be sharing on depression and anxiety, having experience with both in her counselling career and in her own life. Come and learn in a comfortable environment about these somewhat uncomfortable topics: what they are, what they look like in daily life & how you and your loved ones can manage & cope. This seminar is suitable for ages 13 & up. Babysitting is available.

SACRED SPACE RETREAT OCT. 19-21

Lead by Pastor Randall. Register at: www.covenantbay.ca

FALL CONGREGATIONAL MEETING OCT. 23

ALIVE RETREAT IN CANMORE AB OCT. 26-28

Register at: www.covchurch.ca. Pamphlets on the Malmo Info table.

"A BREATH OF FRESH AIR" LADIES RETREAT NOV. 3

A time of relaxing, worship, fellowship & food with reflections from Beth Moore's "A Woman's Heart". Location: Pattie P's home. Cost \$20. Sign up sheet on bulletin board. Sign up by: October 28th (room for 16 ladies)

ECUADOR MISSIONS TRIP FEB. 15-25/19

Registration deadline: November 1st. Pamphlets on the Malmo Info table

ISRAEL/PALESTINE STUDY TOUR MAY 9-18/19

Cost: \$2,000 USD/person plus airfare. Space is limited to 42 people. Send a deposit of \$300 before January 15/19 to reserve your spot. Information pamphlets are on the Malmo Info table in the foyer.

Life at Malmo

NEWS

LOOKING FOR HELP IN THE CHURCH OFFICE

We are looking for someone to help in the church office, when Delora is away on vacation. If this might interest you, please talk to either Pastor Randall or Delora.

SMALL GROUPS LEADERS

We are looking for Small Group leaders. Are you interested in leading a Small Group this year? If so, please talk to Pattie P.

HOME ALTARS ARE IN

Pick up your copy today in the black cubbies under the mailboxes.

THANK YOU CARD FROM ELVIRA ENGLUND

For those of you who knew Luke & Elvira Englund. - we've received a thank you card from Elvira, for the flowers that we as a congregation sent to Pastor Luke's Memorial service. We've posted the thank you card, as well as the memorial service bulletin for you to see.

YOUTH SOCIAL

Corn Maze Youth Social at the Kraay Family Farm in Lacombe. Friday, October 5th. Cost: \$20 (includes entry, food & transportation) Meet at Malmo at 5:15pm. Return to Malmo at approx. 9:45pm. Let Pastor Marc or Charlene know if you are coming.



COMMUNITY NEWS

FAMILY LIFE CANADA MARRIAGE RETREAT

A weekend retreat with your spouse to invest in your marriage. If you're interested in going, please talk to one of the Pastors, as there are resources available for you to attend.

- November 16-18 at Jasper, AB
- April 5-7 at Waskesiu Lake, SK
- April 12-14 at Lake Louise, AB

More locations also available. Go to www.familylifecanada.com for all the details.

OCTOBER IS...
PASTOR APPRECIATION MONTH

October is Pastor Appreciation month! So why is it appropriate to set aside a special time each year to give recognition & affirmation to our pastors and their families? How are their needs & circumstances different from those of any other job?

One distinction lies in the nature of the service pastors provide. God has entrusted to them one of the most precious of assignments - the spiritual well-being of His flock. When a pastor becomes weary, the very souls of his church community are endangered.

Numerous surveys have found that a very high percentage of pastors feel pressure to be the ideal role model of a Christian family - which is impossible of course! As a result, 4 out of 5 pastors feel their families are negatively impacted by unrealistic expectations - whether self-imposed or congregation-imposed - and that ministry is an outright hazard to the health of their families. Indeed, the "pedestal" is not all its cracked up to be. As pastors and their families try to please the God who called them to ministry while also trying to meet the expectations of their congregations, one result is dangerous stress. In fact 75% of those surveyed reported experiencing a significant stress-related crisis at least once in their ministry.

The good news is that we can make a difference! - "Every Moses Needs an Aaron".

"Moses' arms soon became so tired he could no longer hold them up. So Aaron and Hur found a stone for him to sit on. Then they stood on each side of Moses, holding up his hands. So his hands held steady until sunset." ~Exodus 17:12

We as a church, want to come alongside our pastors & be their "Aaron" in this generation. We want to encourage & support them, help shoulder their burdens, strengthen their families, ignite their faith and applaud their efforts.

Every week, during the month of October, I'll be highlighting in the bulletin, different ways that you can encourage and love our pastors. And of course I know you'll have your own ideas too! So let me encourage you to begin thinking about how you can bless Pastor Randall and Pastor Marc AND their families this month - because they are truly GOD'S GIFT to us here at Malmo!

**Stats & information taken from Focus on the Family CAM Guide*

